

Hydrogen Peroxide – Medical Use & History

The compound H₂O₂, or hydrogen peroxide, has several uses in the home and the medical world. It helps to stimulate plant life and treat a number of ailments. Hydrogen peroxide use as a medical treatment began in the early 1900s and continued to grow until the 1940s. But prescription drug use soon saw the end of hydrogen peroxide research until recently when followers of alternative medicine began taking another look at this solution.

The benefits of hydrogen peroxide in medicine are still being learned. Its use as a medical treatment, however, can be traced back to the early 1920s. According to Dr. David G. Williams of Educate-yourself.org, the English medical journal Lancet reported that infusion of hydrogen peroxide was used to successfully treat pneumonia during an epidemic shortly after the first world war.

Father Richard Willhelm, the founder of Educational Concern for Hydrogen Peroxide, was dedicated to promoting the use of peroxide as a treatment. In the 1940s, Willhelm reported on the use of hydrogen peroxide to treat several ailments successfully. Among these were skin diseases, polio and bacteria-related mental illness.

Interest in further research for hydrogen peroxide use began to slow in the 1940s. The developing system of prescription drugs diverted interest away from hydrogen peroxide uses. ***Hydrogen peroxide's low cost, combined with the fact that the product is not patentable, also contributed to attention being shifted elsewhere.***

Breast-fed babies get their first dosage of hydrogen peroxide therapy from their mother's milk. Breast milk contains a high amount of hydrogen peroxide. The first milk or colostrum contains even higher amounts, which according to Educate-yourself.org helps to stimulate the baby's immune system.

The growing alternative medicine field has spurred interest in hydrogen peroxide. According to educate-yourself.org, in the last 25 years more than 7,000 articles have been published on hydrogen peroxide use as a treatment. Educate-yourself.org goes on to say that ***hydrogen peroxide has shown promise in treating several illnesses, including some forms of cancer and emphysema.***

Case studies, recommendations, & more ...

We have been talking at times about 3% hydrogen peroxide off the shelf from the drug store or super market. We were told that this store product has stabilizers in them to give them longer shelf life. Some of the stabilizers are phenol, acetanilide and phosphoric acid.

(Ed. Because of the stabilizers in the store-bought 3% hydrogen peroxide, it is no longer used for human consumption. Food grade is now used in the examples where people and animals have taken it except where specifically stated it was from the drug store. A reprint of a formula for human consumption designed by a clinic is generally followed by those interested in using food grade hydrogen peroxide for health reasons. Mr. Grotz gives a word of caution about storing 35% food grade hydrogen peroxide. It can be stored in the refrigerator if you do not have any

children around; otherwise store it in the freezer to keep it away from someone who might accidentally take it out. It will not freeze in the freezer. Transfer an ounce or two into a small eye dropper bottle that has a glass dropper. This can also be kept in the freezer. However the eyedropper bottle can be kept in the refrigerator. Even if it were left at room temperature there would be very little deterioration.)

- A man called me from Dodge Center in December of 1985 and told me his prize bull was sick. His temperature was 94 and he was not eating. After talking to me a while he went into town and bought some bottles of 3% hydrogen peroxide and fed it to the bull. He called back in 10 days to say his bull was up and was eating good and eliminating well and that he had only spent \$4.90 for hydrogen peroxide to cure the bull.
- In Forest City, Iowa where the Winnebago Motor homes are maddened, a man called me and said 28 year old had diabetes for 12 years. He went to the Mayo Clinic for help. There they used laser all around the peripheral of the eye to destroy the large blood vessels. The doctors told them that the eye lacks oxygen, therefore, the body makes bigger blood vessels which hemorrhage into the eye and he was blinded and should get ready to have the eye taken out. His father heard about the hydrogen peroxide and its oxygen-giving qualities, so he got his son drinking 100 drops per day. Now that is a lot. In two months time they went back to the Mayo Clinic and the doctors could find no more deterioration in the eye. The man then took the son's medical records and went to the University of Minnesota and had four doctors review the records and they agreed with the findings of Mayo. Now after four months on the hydrogen peroxide, the son said he could read a telephone book with that eye. On February 11, 1987 at Preston, Minnesota at a meeting of farmers the father got up and said, "We just came back from the Mayo Clinic this morning and my boy has 20/20 vision in that eye and his insulin intake went from 85 to 35 units per day." This son also had 35 warts on his hand, which were to be removed at Mayo, that just fell off.
- A man with diabetes in western Iowa who was a sheep shearer fell down and took a chunk out of his leg. It would not heal. The doctors wanted to take his leg off. He talked to the chiropractor in Sioux City who could do nothing for him but gave him a tape recording of one of my talks. He went on the hydrogen peroxide program and his leg healed. His insulin intake went from 65 to 25 units.
- I was asked the question, "Can you wash a bulk milk tank with hydrogen peroxide before you put the milk in it?" I know of a farmer who washes all his utensils with hydrogen peroxide. He puts 1 oz. of 35% hydrogen peroxide in the soap water and 2 oz. in the rinse water. I asked him, "How is your bacteria count?" "They have questioned me and questioned me about the bacteria count because it is so low", he said. (He never tells them.)

An Amish farmer put some food grade hydrogen peroxide in his milk once. He got a phone call and they said, "You haven't got any bacteria count, you must be doing something." The Amish have found that it takes out milkstone. They also put it in their lines to take milkstone out.

When people ingest hydrogen peroxide they often go through a “healing crisis” or “retrace.” It happened to me and I didn’t know what was going on. One leg felt like someone had put it in a vise and I could not sleep. The body was healing so fast it was painful. Many times this healing crisis is more painful than the affliction itself. Many people will start the program and quit when the healing crisis hits them.

- A lady in Buffalo, New York started on the hydrogen peroxide program in June of 1982 for arthritis. The medical doctors said there was nothing more they could do for her. She started on the program and for 72 hours she could not sleep. I encouraged her to hang in there but back off on the amount a little bit. By the 14th of July she was out on the golf course.
- A lady in my home town who had arthritis went through the healing crisis for five days before she got relief. Prior to going on the hydrogen peroxide program she was taking 20 aspirin a day and could not keep that up. She met me at church one day and she said, “I got a problem.” I said, “I thought you got rid of your problems.” She said, “I did, but nobody will believe me.” I said, “Welcome to the club.”

The negative thing about the program is that some people get nausea, others get headaches and some get skin eruptions which are reactions from the toxins leaving the body so fast. You can stay on a maintenance program of 5-25 drops of 35% food grade hydrogen peroxide per day whichever suits you best. Start with 5 drops and build up to what suits you.

- Dr. Otto Warburg, who received the Nobel Prize twice, has proved that cancer cannot grow in a high oxygen environment. Cancer is an oxygen-hating cell.
 - Some people have treated their hogs with hydrogen peroxide that had pneumonia and they became well.
 - Several ladies with Parkinson’s disease have had great success with hydrogen peroxide therapy. When they went back to their doctor he said, “You never had Parkinson’s disease in the first place.”
 - Some people have found that the floaters in their eyes disappear by drinking the hydrogen peroxide solution.
-

We have had people pass tape worms after taking the hydrogen peroxide solution. Evidentially parasites like to live in a low oxygen environment. They don’t like it when you step up the oxygen intake and they go out.

- In Pasadena, California a woman came up to me and said, “I passed a worm about a foot long and an inch in diameter.”
 - In Michigan a mother was putting a drop in her baby’s drink and shortly noticed the baby was passing worms.
-

To be effective when taking a bath in hydrogen peroxide, put 1 pint of 35% hydrogen peroxide in a full tub of water and stay in it at least half an hour. But be careful not to do it late at night, otherwise you will be staring at the ceiling all night because it will keep you awake.

- There was a farmer who took a bath in the morning for a long time because it was raining and he didn't sleep for 30 hours. What it does it puts so much oxygen into your system that you can't sleep. It cuts down on the amount of sleep you need.
- There is a man in Rochester, Minnesota who puts 2 quarts of 35% hydrogen peroxide in his Jacuzzi and says you have never had a bath until you have had one of those.

-
- In Dayton, Ohio a man came out of the crowd and said, "You think you have something new?" "No, I know I don't" I said. He said he has been taking it for 20 years for hardening of the arteries and he has had no problems since. Speaking of hardening of the arteries ...
 - There is a man north of Minneapolis, Minnesota that had a stroke in July of '84. The doctors opened up some arteries that were 100% and 90% plugged. They put him on some medicine and said, "Get your house in order." He was sleeping 19 hours a day, in fact his wife said, "Why don't you just die and relieve us of the grief?" So he decided that he would try anything to get better. I referred him to a man not far from him who told him what hydrogen peroxide did for him. He told him to do it properly and he would have him back to work in two months. He actually went back to work in 70 days. Then in October his daughter got married and he redecorated the house. He had already sold his business and a lot of his personal property. Those who attended the wedding said he never missed a dance or the opportunity to kiss the young girls.

Here is what the man did: He took 55 drops of 35% hydrogen peroxide solution 3 times a day. He made himself a colonic board and gave himself colonics with hydrogen peroxide solution. He believes in hydrogen peroxide.

He went back to the doctor and told him he thought he now had circulation again. The doctor said, "It can't be, it never happened before." The doctor put his hand on his arteries and said, "I can feel a pulse but that may be false." So, he took an x-ray and found that the blood had channeled through. The doctor said, "Come on and tell me what you are doing?" He said, "I am drinking hydrogen peroxide." The doctor said that will eat up his liver. The man asked the doctor if water and oxygen could eat up his liver? "No, it's that stuff they put in it." "What stuff?" "You know that stuff." "But I drink food grade." The doctor went away for a minute and got a tape recorder and another doctor and asked him to repeat what he had been doing.

Well, he went back to that doctor August 1986 and his doctor gave him a physical and said he was as physically fit as a 22 year old. The man asked the doctor to take him off of disability. The doctor told him he didn't know how. The man is still working 70 hours a week and taking hydrogen peroxide in both ends.

NOTE OF CAUTION: If anyone has had an organ transplant, tell them to stay away from hydrogen peroxide because it reactivates the immune system and rejection takes place. Tell them to not even have a bottle in the house.
